

- 中文名稱： 九節木
- 英文名稱： Wild Coffee
- 學名： *Psychotria rubra* (Lour.)Poir
*Antherura rubra*Lour.
*Psychotria elliptica*auct. nonKerr.: Maxim.
*Psychotria reevesi*Wall. in Roxb.
- 科別： 茜草科(Rubiaceae)九節木屬(Psychotria)
- 別名： 九節木，山大刀、大丹葉、暗山公『生草藥性備要』，暗山香、山大顏、吹筒管『嶺南采藥錄』，刀斧傷『陸川』，九節、山打口(海南)，刀傷木(廣州)，大羅傘、散血丹(廣西)，牛屎烏、青龍吐霧(臺灣植物志)，九節(植物學名詞審查本)，刀傷木(常用中草藥手冊)，九節木(廣東)，Korizyayaba(排灣)

分類 (Category)	中文別稱 (Chinese Alias)	意義與由來 (Meaning & Origin)
形態特徵	九節、九節木	形容其莖部具有明顯的節間 (nodes)，且節間距離規律。
醫療用途	刀斧傷、刀傷木、散血丹	反映其在傳統草藥中用於治療外傷、止血與散瘀的功効。
民俗色彩	牛屎烏、青龍吐霧	牛屎烏：形容其成熟果實黑紫色的外觀；青龍吐霧：則是台灣民間較為優雅的稱呼。
地方稱呼	山大刀、暗山公、吹筒管	源自《嶺南采藥錄》等古籍，反映其在兩廣地區的廣泛分布。
原住民語	Korizyayaba	台灣排灣族對九節木的傳統稱呼。

- 原產地： 中國大陸南部、越南、琉球、日本及臺灣。Native to **Southern Mainland China, Vietnam, the Ryukyu Islands, Japan, and Taiwan.**
- 分布： 全島低海拔山區闊葉林下普遍可見的野生植物。崑廬寺後山整山都是九節木。A ubiquitous wild plant found in the **understory of broad-leaved forests** in low-altitude mountainous areas throughout the entire island of Taiwan. It is particularly abundant in the hills behind **Pilu Temple (崑廬寺)**, where it forms dominant stands.
- 用途： 1.綠化植物：是優良的庭園植物，九節木的果序生於枝端，核果熟時黃色或橙紅色，甚美

觀，可供下木觀賞材料。 2. 藥用：性味：根、葉：苦、寒。效用：根、莖：清熱解毒，祛風除濕，消腫拔毒。治感冒發熱，白喉，乳蛾，咽喉腫痛，痢疾，胃痛，風濕骨痛；葉：外用治跌打損傷，外傷出血，毒蛇咬傷，瘡瘍腫毒，下肢潰瘍；全株：治風濕骨痛，牙痛，胃痛，感冒高熱，咳嗽，木薯中毒；外用治跌打損傷，骨折，供作接骨生肌、跌打用藥；俚醫用來治感冒、喉痛、跌打損傷及腫毒等。 1. Ornamental & Landscaping (綠化與觀賞)

- **Understory Planting:** An excellent **shade-tolerant** garden plant, ideal as **understory (lower-tier) greenery**.
- **Visual Appeal:** The fruiting clusters are borne at the tips of branches. When the **drupes** (stone fruits) ripen to a vibrant **yellow or orange-red**, they are highly ornamental.

2. Medicinal Properties (藥用價值)

九節木在中草藥中以「清熱」與「接骨」聞名：

部位 (Part)	性味 (Property)	主要效用 (Key Effects & Indications)
根、莖 (Roots/Stems)	苦、寒 (Bitter, Cold)	Detox & Relief: Clears heat, dispels wind-dampness, and reduces swelling. Used for fever, diphtheria, sore throat, dysentery, stomachaches, and rheumatic bone pain.
葉 (Leaves)	苦、寒 (Bitter, Cold)	External Trauma: Treats traumatic injuries (bruises/sprains), external bleeding, venomous snake bites, sores, and lower limb ulcers.
全株 (Whole Plant)	苦、寒 (Bitter, Cold)	Broad Healing: Used for high fever, toothache, cough, and even cassava poisoning . It is a classic herb for "bone-setting" (promoting muscle and bone regeneration).

• **莖：**嫩枝黑綠色，株高 1 至 5 公尺，枝條具有許多明顯的節。 **Stem and Habit (莖)**

- **Form:** An evergreen shrub reaching heights of **1 to 5 meters**.
- **Characteristics:** Young shoots are **dark greenish-black**. The branches feature **numerous prominent nodes**, which are the namesake of the plant ("Nine-segment wood").

• **葉：**葉對生，略帶革質，叢生於枝梢，長橢圓形或倒披針狀長橢圓形，先端銳或突尖，基部漸狹，全緣，長 12~19 公分，寬 4~7 公分，表面深綠色，背面顏色較淺。 **Foliage (葉)**

- **Structure:** Opposite leaves, sub-coriaceous (slightly leathery) in texture, often clustered at the branch tips.
- **Shape:** Oblong or obovate-lanceolate; 12 – 19 cm long and 4 – 7 cm wide.
- **Details:** The apex is acute or acuminate, while the base is cuneate (tapering). The margins are **entire**. The upper surface is a deep green, with a paler underside.

• 花：

花多數，較小，淡綠色或綠白色，雌雄異株，開放時徑 0.3~0.4 公分，呈頂生圓錐狀聚繖花序；花序長 4~7 公分，光滑無毛，有分枝；花柄長 0.4~0.6 公分，略有毛茸；苞片三角形，長 0.1~0.15 公分，先端銳尖；花萼鐘形或杯形，長 0.15~0.2 公分，先端截斷狀或微 4~5 齒裂；花冠杯形，長 0.4~0.6 公分，內面常密生毛茸，先端 5 裂；裂片闊披針形，長 0.2~0.3 公分，先端銳尖；雄花：雄蕊 5 枚，少數 4 或 6 枚；花絲密生毛茸，長 0.15~0.2 公分；花藥長橢圓形；退化雄蕊短，不伸出花冠筒外；雌花：子房 2 室，每室具胚珠 1 枚；花柱細長，長 0.4~0.45 公分；柱頭 2 裂，有乳頭狀突起，退化雄蕊著生於花冠開口處。花期 5~6 月。 **Flowers (花)**

- **Reproduction: Dioecious** (separate male and female plants). Small, pale green or greenish-white flowers (0.3 – 0.4 cm diameter).
- **Inflorescence:** Arranged in terminal **paniculate cymes** (4 – 7 cm long).
- **Floral Structure:** The corolla is cup-shaped, notably **densely pubescent (hairy) inside** the tube.
 - **Male Flower:** Usually 5 stamens; filaments are densely hairy; rudimentary pistil is short.
 - **Female Flower:** 2-celled ovary; style is slender with a **bifid (2-lobed) stigma** featuring papillary protrusions.
- **Blooming Season:** May to June.

• 果實：

果實為近球形漿質核果，徑 0.5~0.7 公分，於 11~12 月間成熟呈紅色，乾時會出現直稜，又名山大刀、青龍吐霧；種子 2 枚，有縱溝紋。 **Fruit and Seeds (果實與種子)**

- **Fruit Type:** A sub-globose **succulent drupe** (fleshy stone fruit), 0.5 – 0.7 cm in diameter.
- **Color Change:** Ripens to a brilliant **red** between November and December.
- **Distinctive Feature:** When dried, the fruit develops **prominent longitudinal ridges**. This appearance earns it the poetic name "**Green Dragon Spitting Mist**" (青龍吐霧).

- **Seeds:** 2 seeds per fruit, featuring longitudinal grooves.

• 特徵：

背光性的常綠性灌木，株高 1 至 2 公尺。葉對生，略帶革質，叢生於枝梢，長橢圓形或倒披針狀長橢圓形，先端銳或突尖，基部漸狹，全緣，長 12~19 公分，寬 4~7 公分，表面深綠色，背面顏色較淺。5~6 月間開花，圓錐狀聚繖花序頂生，被毛，花多數，花冠白色或淺綠色，漏斗形，長約 0.5 公分，5 裂。果實為漿質核果，近球形，直徑約 0.5 公分，熟時紅色或橘紅色，乾時會現直稜。喜溫暖潮濕且耐陰性極強的九節木，是台灣本島闊葉林下普遍可見的野生植物。因其枝條具有許多（九即多）明顯的節，故名九節木。

Adaptation (習性與環境適應):

- **Ecotype:** A **sciophytic** (shade-loving/backlit-preferring) evergreen shrub.
- **Height:** Typically reaches **1 to 2 meters**.
- **Habitat:** It is a ubiquitous wild plant in Taiwan's broad-leaved forests, thriving in **warm, humid, and extremely shaded** environments.

Foliage (葉部特徵):

- **Structure:** Leaves are **opposite**, sub-coriaceous (slightly leathery), and clustered at the branch tips.
- **Shape:** Oblong or obovate-lanceolate; 12 – 19 cm long and 4 – 7 cm wide.
- **Appearance:** The upper surface is a rich deep green, while the underside is paler.

Inflorescence (花序特徵):

- **Blooming Season:** May to June.
- **Structure:** Terminal **paniculate cymes** covered in fine hairs.
- **Flowers:** Numerous small, **funnel-shaped** flowers (approx. 0.5 cm long), white or pale green, with 5-lobed corollas.

Fruit and Etymology (果實與命名):

- **Fruit:** A globose **succulent drupe** (approx. 0.5 cm diameter). It ripens to a vibrant **red or orange-red** and develops **prominent longitudinal ridges** when dried.
- **Naming:** The name "Nine-segment Wood" (九節木) comes from its branches having **numerous prominent nodes** (in Chinese culture, "nine" often symbolizes "many").

