

## 土肉桂Indigenous Cinnamon

### 【內文 Content】

肉桂又名玉桂，為中國著名的特產，是醫藥上的珍品。

樹皮樹葉可蒸桂油，有散寒、止痛、止癢、活血、健胃、滋養強壯等功能。

原生台灣闊葉林中的土肉桂，全樹葉有肉桂芳香。

土肉桂除了藥用、香料之外，樹皮為製造五加皮酒的主要原料之一。

Cinnamon, also known as "Yu-Gui" (Jade Cinnamon), is a famous specialty product and a treasure in medicine.

Its bark and leaves can be distilled into cinnamon oil, which has functions such as dispelling cold, relieving pain, dispersing blood stasis, promoting blood circulation, strengthening the stomach, and nourishing the body.

The Indigenous Cinnamon, native to Taiwan's broad-leaved forests, has the characteristic fragrance of cinnamon throughout its leaves.

In addition to its uses in medicine and as a spice, the bark of the Indigenous Cinnamon is one of the main raw materials for making Wujiapi Liquor.

### 【補充圖片說明Additional Image Notes】

1. 花 flower
2. 果實Seeds

## 東勢林場植物解說牌

# 土肉桂 Indigenous Cinnamon



東勢林場  
遊樂區  
Dongshih Forest Garden

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果實



花

